

Availing of Maternal Care Services

ABOUT THE SERVICE

THE MUNICIPAL HEALTH OFFICE (MHO) provides a maternal care program for pregnant and lactating mothers.

FEES

Free of charge

HOW TO AVAIL OF THE SERVICE

STEPS/PROCEDURE	DURATION	PERSON RESPONSIBLE
1. Midwife accomplished the Home-Based Maternity Record (HBMR) card of the mother.	5 minutes	Teotima Lloren
2. Checks BP & weight	5 minutes	Teotima Lloren
3. Checks client's abdominal palpitation and informs the mother of her findings	5 minutes	Teotima Lloren
4. Gives mother health instructions on proper nutrition and maternity care	8 minutes	Teotima Lloren
5. Inform client of her next visit 1-7 months - monthly visit 8 months - every other week 9 months - weekly	2 minutes	Teotima Lloren
6. Give multi vitamins and health education	10 minutes	Teotima Lloren Ofelia Licayan

Total

35 minutes